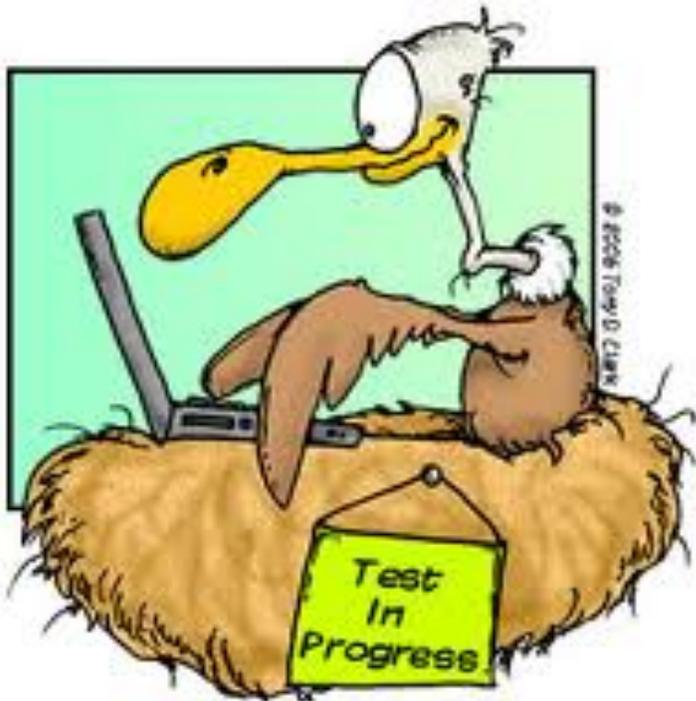


School Wide Testing

"Aim for the TOP because the bottom is over crowded"



Who are Maya's highest performers?



Achievement Network **Testing**

December 6, 2011: Reading Language Arts Test

&

December 8, 2011: Math Test



HELPFUL TIPS FOR SUCCESS

FOCUS ON ADDRESSING EACH QUESTION INDIVIDUALLY. AS YOU TAKE THE TEST, IF YOU DON'T KNOW AN ANSWER, DON'T OBSESS OVER IT. INSTEAD, ANSWER THE BEST WAY YOU CAN OR SKIP OVER THE QUESTION AND COME BACK TO IT AFTER YOU'VE ANSWERED OTHER QUESTIONS.

RELAX. IF YOU'RE SO NERVOUS THAT YOU BLANK OUT, YOU MIGHT NEED A MINI-BREAK. OF COURSE YOU CAN'T GET UP AND MOVE AROUND IN THE MIDDLE OF A TEST, BUT YOU CAN WIGGLE YOUR FINGERS AND TOES, TAKE FOUR OR FIVE DEEP BREATHS, OR PICTURE YOURSELF ON A BEACH OR SOME OTHER CALM PLACE. AS WE ALL KNOW, IT CAN BE EASY TO FORGET THINGS WE KNOW WELL — LIKE A LOCKER COMBINATION. THE DIFFERENCE IS WE KNOW WE'LL REMEMBER OUR LOCKER COMBINATION BECAUSE WE'VE USED IT HUNDREDS OF TIMES, SO WE DON'T PANIC AND THE COMBINATION NUMBER EVENTUALLY COMES BACK. DURING A TEST, IF YOU BLANK OUT ON SOMETHING AND START TO GET TENSE, IT SUDDENLY BECOMES MUCH MORE DIFFICULT TO REMEMBER.



Middle School Testing Tips:

- Get enough sleep the night before the test. Your memory recall will be much better if you've had enough rest. In a scientific study, people who got enough sleep before taking a math test did better than those who stayed up all night studying.
- Listen closely to all instructions. As the teacher hands out the test, be sure you know what's expected of you.
- Read the test through first. Once you have the test paper in front of you, read over the entire test, checking out how long it is and all the parts that you are expected to complete. This will allow you to estimate how much time you have for each section and ask the teacher any questions. If something seems unclear before you start, don't panic: ask.
- **ARRIVE TO SCHOOL ON TIME**